

## 2026 - Flavors of Portugal & Spain

### 7-NIGHT CRUISE

Set sail in Porto, the beautiful “City of Bridges” and gateway to the Douro River Valley, a UNESCO World Heritage Site, with rambling vineyards and charming quintas, which cling to the steep sides of the river. Taste wines from these vineyards and discover the timeless traditions of Portuguese winemaking throughout your journey. Visit Castelo Rodrigo, the “White Village”; enjoy an immersive lunch at a quinta in Pinhão; see Lamego, one of Portugal’s most important pilgrimage sites; and marvel at a centuries-old Portuguese monastery. Historic places, unspoiled beauty and distinctive wines are yours to be enjoyed as you savor the flavors of Spain and Portugal.

#### OVERVIEW:

<u>DAY</u>	<u>DESTINATION</u>	<u>ACTIVITIES</u>
1	PORTO	EMBARKATION
2	PORTO	“City of Bridges” tour OR Porto hike Port Wine Tasting
3	ENTRE-OS-RIOS	Lunch at local quinta
4	RÉGUA	Mateus Palace & Gardens Excursion
5	RÉGUA	Lamego city tour and Bôlas tasting OR Holy Staircase hike and Bôlas tasting Local quinta wine tasting
6	PINHÃO	Pinhão train station hike Quinta de Avessada lunch
7	PINHÃO	Scenic cruising Castelo Rodrigo tour with tasting of regional fare OR Castelo Rodrigo hike with tasting of regional fare
8	VEGA DE TERRÓN	DISEMBARKATION

#### ITINERARY DETAILS:

Day 1, PORTO. Board your river ship for your *Flavors of Portugal & Spain* cruise. (D)

Day 2, PORTO. Join a guided tour of Porto’s historic quarter, a UNESCO World Heritage Site. You’ll see the Cathedral, one of the city’s oldest monuments; the main square, ringed with shops and cafes; and the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history. For the more active adventure, join a hike in Porto and explore the old harbor quarter, passing through the medieval streets of Porto. In the afternoon, you’ll also enjoy a tasting of Port, Portugal’s most renowned contribution to the world of wine. (B,L,D)

Day 3, ENTRE-OS-RIOS. Entre-os-Rios translates to “between the rivers,” and this small village is, quite appropriately, located at the confluence of the Tâmega and Douro rivers. For an authentic slice of Douro River life, enjoy a traditional “home-cooked” meal at a local quinta. (B,L,D)

Day 4, RÉGUA. Discover the Baroque magic of Mateus Palace and Gardens. Inside, gaze at the beautiful 16th- to 18th-century furnishings that decorate the palace, as well as the distinctive paintings and a ceiling of intricately carved wood. Hear the tale of Mateus Rose Wine and spend some time exploring the palace’s magnificent gardens, considered some of the most beautiful in Portugal. (B,L,D)

Day 5, RÉGUA - PINHÃO. Venture to the town of Lamego, where you’ll see the “Sanctuary of Our Lady of Remedies” on a city tour or climb the 686-step “Holy Staircase,” beautifully decorated with white and blue tiles, to the top on a guided hike. Whichever excursion you choose will conclude with a tasting of local specialties such as Bôlas de Lamego, bread filled with smoked ham; Presunto, a type of dry-cured ham; and Espumante, a Portuguese sparkling wine. Later in the day, cruise along the scenic Douro to Pinhão, where a wine tasting will be waiting for you in a local quinta. (B,L,D)

Day 6, PINHÃO. Embark on a leisurely walk to the charming Pinhão Railway Station, a stunning train station along the Douro Line, one of the most iconic rail journeys in Portugal. The station's main building is revered for its 25 tile panels, all in shades of blue, that depict scenes from the Douro region. Afterward, enjoy an exclusive lunch at Quinta de Avessada, where you'll enjoy an authentic and traditional dining experience complete with entertainment. The warm, spirited hospitality of this family-run quinta is quite special as you will discover. Several family members play in a band, and while dining, they will entertain you. Quinta de Avessada is also a fascinating interactive museum commemorating the history and culture of wine in the Alto Douro region, so you'll have fun discovering all the various stages of wine production as well as doing plenty of tasting. (B,L,D)

Day 7, PINHÃO - BARCA D'ALVA. Begin the day with a scenic cruise through Pinhão on the way to Barca d'Alva. Venture to Castelo Rodrigo, known as the "White Village" because of its almond trees. The site offers spectacular views of the surrounding area and as far away as Spain. Join a walking tour through its medieval streets and see the houses and establishments with 16th-century facades and Manueline-style windows. If you prefer a more active adventure there, you can hike to the town. At the end of both tours, enjoy a tasting of local favorites, such as almonds, cheese, bread and wine. (B,L,D)

Day 8, VEGA DE TERRÓN. Disembark your cruise in Vega de Terrón. (B)